



Test Questions for the Tangible Qi Lecture

- 1) What does Mr. Nugent-Head mean by using the phrase “tangible qi”
  - a. That the patient experiences obvious, intentional sensations of de qi during treatment.
  - b. That by doing the exercises you can create a tangible, ball like sensation of warmth between your hands.
  - c. That a practitioner can create qi in themselves, and then transfer it to their patients.
  - d. That a patient can take the qi home with them after the treatment.
  
- 2) Why is it important that you are able to create tangible, repeatable sensations of qi during your treatments?
  - a. So that you can always do the same treatment each time, and create a protocol.
  - b. So that you can predict and be in control of the sensations in the patient, and you do not unintentionally create symptoms and sudden sensations.
  - c. So that you can treat patients more quickly.
  - d. So that your patients know what to expect.
  
- 3) The Yin Style Bagua Treatment System is based on what book?
  - a. Wen Bing
  - b. Shang Han Lun
  - c. Yi Jing
  - d. Confucious
  
- 4) Where are we hoping to create sensations of qi in the body?
  - a. Locally
  - b. Distally
  - c. Whole Body
  - d. All of the above
  
- 5) Why is it important to have a good “qi practice”?
  - a. So that you have warm hands to do bodywork and affect qi in others
  - b. To be a peaceful, balanced person
  - c. So that you can levitate
  - d. So that you can put qi into your patients, and treat serious illness
  
- 6) Wang Jin Huai believed that you should have noticeable improvement in skill if you practice for how long?
  - a. one month, every other day
  - b. 100 days
  - c. 3 years
  - d. 10 years



Test Questions for the Tangible Qi Lecture  
*continued*

7) Why does Mr. Nugent-Head say it is important to do "math and history" on practitioners in the west?

- a. So that you are good at math and are able to calculate grams in formulae
- b. To know what home town they are from
- c. To know what history they have lived through, and how to judge their information
- d. To know how to address them respectfully, by knowing if they are older or younger than you are.

8) What are the functions of qi?

- a. Opening, Closing, Gathering
- b. Dispersing, Raising, Lowering
- c. Exiting, Entering
- d. *All of the above*

9) What does "jiang hu" mean?

- a. A real or charlatan practitioner who takes advantage of his patients in one form or another
- b. Literally means ginger colored tiger
- c. A university trained doctor
- d. Literally means mountain and oceans

10) What is the order of developing tangible qi skills?

- a. Method, Sensation, Feeling, Understanding
- b. Sensation, Feeling, Understanding, Method
- c. Feeling, Sensation, Understanding, Method
- d. Understanding, Feeling, Method, Sensation